2023-24 Equipment List for IDA LEE

GROUP NAME	FINIS ALIGN BOARD	TYR FIN	CROSSBLADE FIN	SNORKEL	BUOY	TYR PADDLES	TYR RALLY BANDS	MESH BAG (PROVIDED)	DRAG SOX	JUMP ROPE
SENIOR ORANGE, SILVER & GREEN	X		X	X	X	X		X		X
HP SILVER	X		X	X	X	X		X		X
GEARS SILVER	X	X*	X*	X	X	X		X		X
GEARS GREEN	X		X							
HS/AG PREP	X	X*	X*		X					
STROKE MECHANICS	X		X							
TECHNIQUE & FITNESS										

** CAN USE EITHER FIN*